

GENERATIONS THROUGHOUT THE YEARS – WHO ARE WE?®

by Dan Pemble, Kissimmee, Florida, August 17, 2026

When I have heard someone say “she’s a Baby Boomer” or “he is a Gen X type” I have never fully understood the overall meaning of these generational groupings. In fact I didn’t even know what specific group I was in! So, after doing just a bit of investigating, I now have a better understanding that the generational groupings are related to one’s BIRTH YEAR, as noted below. Now I know who I am! Who are you?

THE GREATEST GENERATION (Born 1901-1926)

THE SILENT GENERATION (Born 1927-1945)

BABY BOOMERS (Born 1946-1964)

GENERATION “X” (Born 1965-1980)

GENERATION “Y”/ THE MILLENNIALS (Born 1981-1996)

GENERATION “Z” (Born 1997-2012)

GENERATION ALPHA (Born 2010’s-2024)

GENERATION BETA (Born 2025-2039)

If you are one who wants to know some more details about your own grouping, there are countless web sites to enlighten you (?), just a couple of which are offered here:

<https://www.bbc.co.uk/bitesize/articles/zf8j92p>

<https://www.parents.com/parenting/better-parenting/style/generation-names-and-years-a-cheat-sheet-for-parents/>

There are many other web sites that can be explored, so do keep exploring as you wish!

Considering that we are all individuals and are all different, what is stated in many of these web sites is at best like horoscopes and is therefore a bit generalized; as such, the traits assigned to your generation, as derived by psychologist’s/physiatrist’s assessments, may or may not accurately describe who you really are! Anyway, at least we now know how we are categorized in each group! So, now we can continue to “march on” in life for as long as we all can, without regard to where we stand generation wise.

MAY GOD BLESS US ALL AS WE “CHARGE FORWARD” IN LIFE!!